Logbook Questions

Description Thank you for participating in this study. This logbook is designed to record your daily interactions with Instagram and your mobile banking app over a two-week period. Please complete one entry each time you use either app, providing accurate and honest reflections based on your immediate experience.

Disclaimer Your participation in this study is voluntary, and you may withdraw at any stage without penalty. All responses will be anonymised, and no identifying information will be included in the dataset or in any reporting of the findings. With the exception of any media uploaded where the identifying information cannot be removed, however this will be anonymised prior to any analysis of the data collected.

Question	Answer Format
What is your name?	Open Answer
Which app did you use?	Instagram, Banking App

Table 1: Basic Information

Question	Answer Format
Where were you while using the app?	Open Answer
Were you with anyone else?	Yes, No
If yes, please describe the context.	Open Answer
How long do you estimate you used the app?	MM

Table 2: Contextual Information

Question	Answer Format
How would you describe your emotional state before opening the app?	Open Answer
How would you describe your emotional state during app use?	Open Answer
How would you describe your emotional state immediately after closing the app?	Open Answer
Did you feel productive while using the app?	Open Answer

Table 3: Emotional State

Question	Answer Format
What did you do on the app?	Open Answer
Did you receive a notification that influenced your decision to use the app? If yes, please explain.	Open Answer

Table 4: General App Usage

Question	Answer Format
Were you satisfied with the content you viewed?	Open Answer
Did you see any advertising? If so, How did you feel about the ads you encountered and did any advertisement motivate you to seek more information?	Open Answer

Table 5: Instagram-Specific Behaviour

Question	Answer Format
Were you satisfied with the tasks you completed?	Open Answer
How did the financial information make you feel?	Open Answer
Did anything in the app influence your decisions?	Open Answer

Table 6: Banking App-Specific Behaviour

Question	Answer Format
Which of the following emotions best describes your overall state during this app use?	Open Answer

Table 7: Overall Emotion

Question	Answer Format
How would you describe your overall mood today?	Open Answer
How do you feel about the amount of time spent on both apps today?	Open Answer
How does your spending compare to what you expected?	Open Answer
Upload any relevant media.	File Upload

Table 8: End of Day Log